



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cumberland Sausages Colcannon Potato Caramelised Red Onion Gravy	Homemade Thai Salmon Fishcakes with Dipping Sauce	Roast Topside of Beef with Yorkshire Pudding	Aromatic Green Chicken Curry	Crispy Battered Fillet of Fish with Lemon 'n' Lime Mayo
Red Pepper Falafel Warm Pitta Bread Crisp Salad & Yoghurt Dressing	Chick Pea and Sweet Potato Samosa Cucumber Raitta Tomato & Red Onion Salad	Tuscan Bean & Pasta Pipe Bake	Quorn Chop Suey Spring Roll Sweet Chilli Dip	Black Eyed Bean and Potato Burrito
Green Cabbage Carrot Roundels	Broccoli Florets Minted Peas	Crispy Roast Potatoes Puree of Swede Cauliflower Florets	Yellow Rice Winter Greens Asian Noodle Salad	Chipped Potatoes Garden Peas Baked Beans
Jacket Potatoes with Baked Beans	Jacket Potatoes with Dutch Slaw	Jacket Potatoes with Mature Cheddar	Jacket Potatoes with Tuna & Corn Kernel	Jacket Potatoes with Beans 'n' Cheese
Chocolate and Olive Oil Cake	Coconut Infused Rice Pudding	Yorkshire Parkin	Lemon Drizzle Cake Compote of Forest Fruits	Winter Fruits with a Cinnamon & Lemon Syrup

Served Daily - Yoghurt, Fresh Fruit & Homemade Bread. Fresh drinking water always available.

**WEEK 1**





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cajun Chicken with Mixed Bean and Coriander Salsa	Beef Steak and Button Mushroom Pie	Pot Roasted Breast of Turkey with Spiced Cranberries	Lamb Kofta Kebab Crunchy Cabbage Salad Yoghurt Dressing	Crispy Battered Fillet of Fish with Sweet Chilli Sauce
Spinach, Cherry Tomato and Queso Frittata	Roasted Sweet Potato and Butterbean Risotto	Mac 'n' Cheese with Fried Leeks Garlic & Herb Bread	Edamame Bean, Bean Sprout and Egg Noodle Stir Fry	Tagine of Winter Roots, Beans & Pulses Fine Herb Cous Cous
Baked Spiced Sweet Potato Wedges Spring Greens Olive Roasted Vegetables	Pan Haggerty Carrot Batons Broccoli Florets	Crispy Roast Potatoes Minted Peas Cauliflower Florets	Lightly Pickled Vegetable Salad & Sweetcorn	Chipped Potatoes Garden Peas Salad of Baby Spinach
Jacket Potatoes with Baked Beans	Jacket Potatoes with Dutch Slaw	Jacket Potatoes with Mature Cheddar	Jacket Potatoes with Tuna & Corn Kernel	Jacket Potatoes with Beans 'n' Cheese
Frosted Carrot Cake	Iced Gingerbread	Key Lime Pie	Twice Baked Apple Crumble Vanilla Custard	Lord Nelsons Mess

Served Daily - Yoghurt, Fresh Fruit & Homemade Bread. Fresh drinking water always available.

**WEEK 2**





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Homemade Sausage Rolls with Baked Beans	Honey and Grain Mustard Roasted Gammon	Beef Bourguignon with Olive & Pepper Croutons	BBQ Jerk Chicken Drumsticks	Goujons of Crispy Battered Fish with Homemade Tartare Sauce
'Five Spice' Quorn with Stir Fry Vegetables	Shepherdless Pie	Layered Potato, Cheese & Onion Bake	Mixed Bean and Sweet Pepper Quesadilla	Vegetarian Red Chilli served in Tortilla Baskets
Warm New Potato & Chive Salad Cauliflower Florets Savoy Cabbage	Crispy Roast Potatoes Carrot Roundels Broccoli Florets	Boulangere Potatoes Shredded Cabbage	Rice 'n' Peas Coleslaw Salad Corn on the Cob	Chipped Potatoes Minted Peas Baked Beans
Jacket Potatoes with Baked Beans	Jacket Potatoes with Dutch Slaw	Jacket Potatoes with Mature Cheddar	Jacket Potatoes with Tuna & Corn Kernel	Jacket Potatoes with Beans 'n' Cheese
Apple Cracknell with Bay Custard	Lancashire Tart	Citric Polenta Cake	Sticky Toffee Pudding	Apple and Cinnamon Strudel

Served Daily - Yoghurt, Fresh Fruit & Homemade Bread. Fresh drinking water always available.

**WEEK 3**

